

# What is a Dependency?



## The Court's Guide to a Department of Child Safety (DCS) Case

# A Guide for Parents and Family Members

## To parents and family members:

Being involved in a dependency case can be very stressful for a family. Not knowing what to expect can make it even harder. This guide explains the court process, the people involved in your case, and contains suggestions that may help guide you. Keep in mind that it is only a general explanation and that each case is going to be unique.



A service of the Children and Family Services Division of the Pima County Juvenile Court Center

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Questions? Ask your DCS Specialist or your Lawyer

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# What is a Dependency Case?

It is a legal process. It is about children.

Parents are the best people to provide for their children when they are able and willing to do so.

When parents are unable or unwilling to be the source of safety, shelter, and care for their children, either DCS or a private party (like a relative) asks the Court to get involved to assure that the needs of the children are being met.

Children have many needs: safety, shelter, nutrition, education, and medical care are some of their basic needs.

**A dependency case is temporary.**

**The Court's goal for children is to return to their parents.**

**The case ends when the children are in a safe and permanent home.**



Questions? Ask your DCS Specialist or your lawyer

# What Happens in a Dependency Court Case?

## Dependency Petition

*(Filed within 72 hours of the children's removal)*

- A case always starts when a dependency petition is filed with the Juvenile Court
- The legal papers that state the reasons (allegations) why DCS thinks the parents are unable to keep the children safe is called a petition
- If the family has Native American heritage, there may be special rules that apply that come from the Indian Children Welfare Act (ICWA)

**DCS Removes the Children**



**DCS files the Dependency Petition**  
*(within 72 hours)*

## Pre Hearing Conference

*(PHC, held 5-7 business days from the children's removal)*

In a conference room at Juvenile Court:

- Everyone has a chance to meet the other parties in the case
- Talk about where the children will be staying, contact between the parents and the children, and services to help the family be together again
- Immediately after the PHC everyone goes into the courtroom to see the Judge for the Preliminary Protective Hearing

## Preliminary Protective Hearing (PPH)

In a Court room before a Judge:

- The Judge will talk to the parents about their rights and their responsibilities
- The Judge will make temporary orders for placement and parenting time
- The Judge sets future hearings

**PHC/PPH**

*5-7 days from removal*



**Temporary Custody Hearing**  
*(could be requested at PPH)*

**OR**

**Initial Dependency Hearing**

### Pre-Trial Conference

*(about 30 days from the date of the petition)*

In a court room, before a Judge:

- The parents and their lawyer will review the allegations in the dependency petition
- The parent's lawyer will tell the Judge if the parent(s) decide to plead no contest or admit to the allegations in the petition.
- Based on this admission, the Judge will decide that the children are adjudicated, which means a dependency exists

*If the parent(s) do not admit to the allegations, options include:*

### Facilitated Settlement Conference (FSET)

In a mediation room, with a neutral mediator:

- The parents, DCS, and all lawyers will review the allegations in the dependency petition
- The parties discuss possible settlement options such as No Contest, admit to or amend the allegations
- If the parents, DCS, and all lawyers agree with the settlement option, the Judge will order that the children are adjudicated, which means a dependency exists

*If there is no agreement after the FSET, the only option left would be:*

### Contested Dependency Trial

*(must be completed within 90 days from the date of the petition)*

- In a court room, before a Judge:
- The lawyer for DCS will present witnesses and evidence to prove the allegations in the dependency petition
- The lawyer for the parents will present witnesses and evidence to convince the Judge that the dependency petition should be dismissed
- After hearing all sides, the Judge will make a decision:
- The Judge will order that the children are adjudicated, which means a dependency exists

**OR**

- The dependency petition will be dismissed

**Adjudication**

**Pre-Trial  
Conference**

**Facilitated  
Settlement  
Conference**

**Contested  
Dependency  
Trial**

**Disposition**

### Disposition Hearing

*(within 30 days of adjudication)*

Generally held at the same time as the Pre-Trial Conference hearing or Facilitated Settlement Conference

- The Judge orders the case plan goal, usually of family reunification (return to parent)
- The Judge orders the case plan services for the parents
- The Judge orders DCS to set up services for the parents
- The Judge orders the parents to complete the case plan and benefit from the services

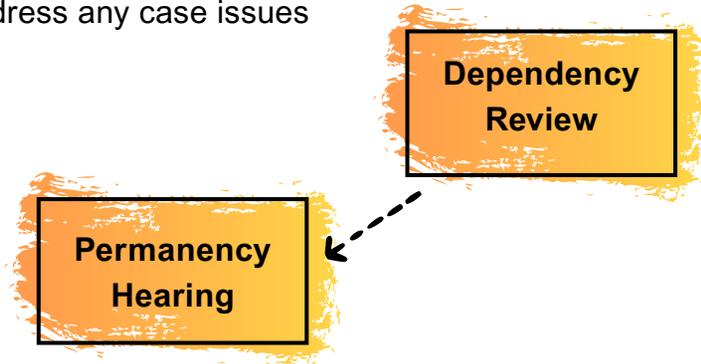
Questions? Ask your DCS Specialist or your lawyer

### Dependency Review Hearings

(every 3-6 months)

In the Court room, before a Judge who will:

- Review the progress of the parents with their case plan
- Review the performance of DCS making reasonable efforts
- Address any case issues



### The Permanency Hearing

(held at 6 months if the child was under 3, or 12 months if the child was over 3 at the time of removal)

In a Court room, before a Judge who will:

- Ask “Are we on the right track?” to continue a reunification case plan or whether another permanent case plan should be considered.

These Include:

- Remain with Parent
- Permanent Guardianship
- Adoption
- Long-Term foster care, officially known as Another Planned Permanent Living Arrangement or APPLA

(Please see page 12 for more information on permanent plans)

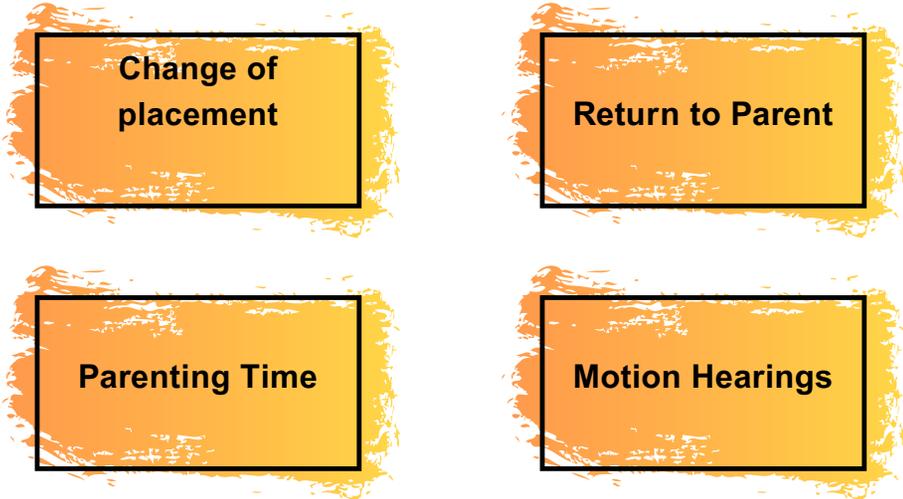
**The case wont close today. A permanent plan is just that, a plan for the future.**

### Other Hearings may occur:

- Placement
- Parenting Time
- Motions
- Status
- Temporary Custody

In a Court room, before a Judge who will:

- Address specific issues as requested by lawyers



***This information is not intended to cover every aspect of every case. Your case may vary.***

# How a Case Can End

## How long does a dependency case last?

**It depends** on how serious the concerns in the home were and how quickly and effectively the parents complete their case plan tasks and demonstrate benefit. A dependency case can be dismissed by the court when one of the parents (or both if the parents remain together as a couple) are able to parent safely.



*Within 12 months, the Judge needs to make a finding about which of the following permanency plans is in the best interest for the children:*

### Reunification

Children return to the care of their parent(s) or legal guardian

*Almost all dependency cases begin with reunification as the desired outcome.*

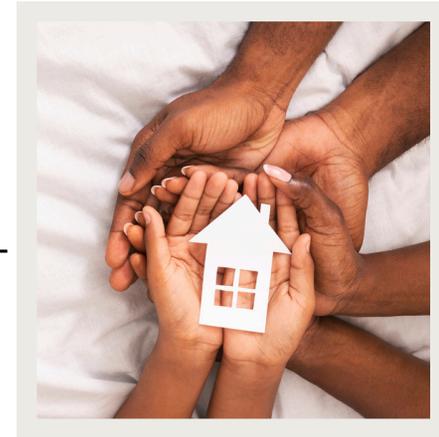
If **reunification** doesn't happen, other possible outcomes include:

### Adoption

The adoptive parents become the legal parents and make all decisions concerning the child. The birth parents' rights are permanently, legally *terminated*.

### Title 8 Guardianship

Appointed by the court (usually a relative), the legal guardian will maintain physical custody of the children and be able to make day-to-day decisions for the children. The birth parents' rights are *suspended*, however, they remain obligated to contribute to the support of the child.



### Another Planned Permanent Living Arrangement (APPLA)

Also known as long term foster care, is considered only when the child is 16 years old or older and adoption and guardianship are not options. DCS remains the legal decision maker for the child. Parent(s) or legal guardian(s) are encouraged to remain involved.

Questions? Ask your DCS Specialist or your lawyer.

# Court Room Information

## Who needs to come to hearings?

- Parents should come to every hearing unless they are told by their lawyer they do not need to attend.
- The Court may go forward on a case, even if the parent is not present at the hearing.
- All children have the right to attend hearings.
- Family members, foster care providers, and others taking care of the children are encouraged to attend.
- Some cases are not open to the public. Check with one of the lawyers or the DCS specialist if you are not sure.

## What are necessary manners for the courtroom?

- Be on time
- Dress modestly, but formal attire is not required
- Don't chew gum or bring in food or drinks (water is allowed)
- Speak only when invited to by the Judge (If you are not a party to the case, let one of the lawyers or the courtroom bailiff know if you wish to be recognized to speak)
- Turn off your cell phone



# Mediation

Mediation is a **private**, (confidential) meeting, led by a mediator who **does not take sides**.

## Mediation is:

- Voluntary. This means that you are not required to take part in the mediation, although you may have to show up to a meeting if a Judge orders you to attend.
- A safe place to have an open and honest conversation without fear that what you say will be repeated to the Judge (or others).
- A way to solve problems for people involved in a case to try and reach an agreement about any issues they are facing without having a trial.
- Available to anyone involved in a case, although it is often held between DCS and the parents, depending on the needs or issues that come up.

## How a parent can prepare for mediation:

- Meet with your lawyer; ask what to expect and what to discuss.
- Please don't bring children or others with you.
- Allow enough time for the full session (make your childcare and transportation arrangements with the entire time in mind).

Questions? Ask your DCS Specialist or your lawyer.

- Come ready to talk about everything, such as what seem to be going well, what's not going well, what you may need, and what you want.
- Write down your questions ahead of time, and bring a list of all the classes, testing, visits, or other tasks you have begun or completed.



- Have in mind what you want to resolve at mediation so we can do our best to meet your needs—be specific about your needs and wants and discuss the difference between the two with your lawyer.
- Be flexible – parties rarely get 100% of what they want during mediation, so be ready to compromise - be creative in coming up with ways to address and resolve the issues.

*Ask your lawyer, a Mediator, and/or review the brochures available at the Pima County Juvenile Court Center for more information.*

# Case Plan



## A Road Map to the Goal

**The case plan almost always begins with family reunification.**

### A CASE PLAN IS A WRITTEN DOCUMENT OR FORM

The case plan lists the goal (Family Reunification) and the tasks/services to address the concerns.

**Goal:** Family Reunification

**Task:** The steps to be completed in order to reach the goal of Family Reunification.

The case plan will be reviewed, approved, and ordered by the Judge



Questions? Ask your DCS Specialist or your lawyer.

# Behavioral Health

DCS uses behavioral health agencies to provide services to address tasks in the case plan.

## Services May Include:

### **Rapid response:**

An initial assessment for children in DCS custody. Clinicians will assess immediate needs and triage any crisis or trauma-related issues. This includes behavioral health assessment, screening for developmental delays, support to child/family placement, and connection to ongoing services.

### **Child and Family Team (CFT):**

The CFT is a group of people that includes: the DCS specialist, the child and his/her family, a behavioral health representative, and any individuals important in the child's life that are identified and invited to participate. This team meets regularly to discuss your child's needs and services.

### **Adult Recovery Team (ART):**

Similar to a CFT but focused on you as the parent. At a minimum, the team consists of you, your advocates, and a behavioral health representative. Your DCS case plan progress will be discussed at this meeting.

*If you are having problems with your behavioral health services, talk about it at the CFT, ART or call your assigned health care plan:*

### **Arizona Complete Health**

1-888-788-4408

### **Banner-University Family Care**

1-800-582-8686

### **United Healthcare Community Plan**

1-800-348-4058

### **MERCY CARE DCS CHP**

(for out of home dependencies only)  
833-711-0776

# Your Role as a Parent

- Make positive changes in your life to create a safe and stable home for your children.
- Attend all court hearings, mediations, and meetings.
- Communicate often with your lawyer and your DCS specialist. Make sure you update them with any changes to your phone number, address, or email (don't expect them to search for you).
- Be on time for all appointments and hearings. Call ahead if you'll be late or if you cannot attend.
- Be honest.
- Ask questions if you do not understand or if you need help.
- Engage in your children's lives, attend doctor's appointments, and school meetings as approved.



**It is important that the Judge is able to see the positive changes you make.**

# How you can Avoid Misunderstandings

- Find out what “maintain contact with your DCS specialist” means from your DCS specialist. Ask things such as: how often, what type, and what content they are looking for.
- If possible, communicate using email. This will give you a written record of communication.
- Ask your DCS specialist how soon you can expect them to return your call or email.
- Document any contact. If possible, have a case notebook. Keep a written record of every meeting, phone call, and activity you participate in for your case plan.
- When calling to check in, say so in your message ex. “This is Mrs. Smith, just calling to check in, everything is going well, no need for a call back”.
- If you do need something, make your request as detailed as possible and ask for a call or email back.
- **Helpful tip:** Do not leave voicemails, write texts, or send emails if you are feeling angry or frustrated. Try to wait until you are calm and carefully consider what you want to say.

# Parenting Time

## Expectations

- Before parenting time, ask your DCS specialist what is expected of you during your parenting time.
- Attend and be on time to parenting time. Your children are looking forward to seeing you!
- Keep parenting time positive and focused on your children—they want your attention!
- Don’t use this time to talk about your case, with either the supervisor or the children.

## Tips

- Confirm parenting time 24 hours in advance whenever possible or if court ordered.
- Come prepared. Bring healthy snacks, age-appropriate activities, and anything else you think your children will need, including diapers and an extra change of clothes.
- Thinking of bringing gifts? Don’t! Your attention is the only gift they want. Bonus: it’s free!
- Use this time to show off your parenting skills!
- If possible, coordinate with placement regarding current nap and meal schedules.
- Document the date and reason for all cancelled parenting time.

# Children Have Questions

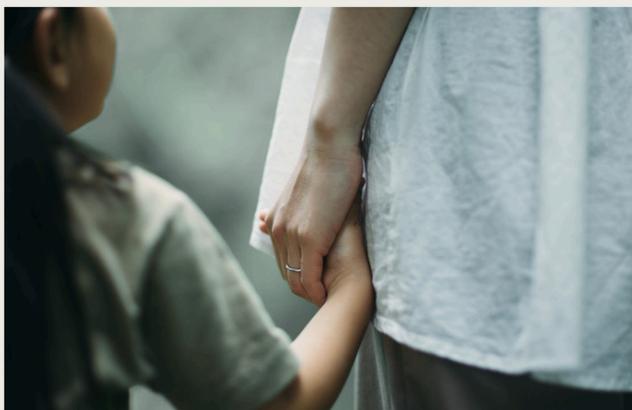
**During your Parenting Time and phone calls your children may ask you questions about the case.**

What to do if your children ask questions:

- Before they ask, talk to your DCS specialist, therapist, or discuss it at the CFT meeting. They are available to help you with this.

Here are some ideas:

- **“When can I come home?”** Give simple answers such as: “I don’t know the answer to your question.” Then redirect the children to something else.
- **“Why can’t I see you more often (or alone)?”** Again, give a simple, clear answer such as: “I know this is hard for you but let’s enjoy the time we have together.”
- **“I hate where I’m staying. How long do I have to stay there?”** Once again give a simple, clear answer such as: “I know you would like for us to be living together again, but we can’t right now.”



# Types of Placement

When children are removed, they can be placed temporarily with:

## Relative / Kinship

- Someone who has a significant relationship to the children
- Must pass a DCS background check
- Parents and family members should tell the DCS Specialist about anyone who could be placement for the children



## Foster Home

- Licensed, certified caregivers
- Overseen by a foster care licensing agency
- Receive special training

## Group Home, Shelter, or Residential Treatment Center

- Trained staff provide 24/7 care and supervision
- Licensed, certified caregivers



## All Placements are:

- Expected to provide a stable, nurturing environment for the children
- Expected to maintain contact with the DCS Specialist
- Asked to document all information relevant to the children’s care
- Approved by the Judge
- Expected to cooperate with children’s lawyer/GAL/CASA

Questions? Ask your DCS Specialist or your lawyer.

# DCS Investigator

A DCS Investigator will:

- Be the first person to make contact with families when a DCS report is received
- Look for evidence of abuse, neglect, or other safety concerns
- Initiate the dependency petition
- Prepare the Preliminary Protective Hearing court report and the first draft of the case plan
- Transfer the case to the DCS specialist after the first hearing

*The most important job of the investigator is to make sure that all the children are safe*



# DCS Case Manager

A DCS Case Manager Will:

- Prepare all progress reports for the Court, which may include any and all recommendations
- Help parents connect to services by making referrals
- Monitor the children's placement and wellbeing
- Visit the children at least once per month
- Maintain regular contact with the parents
- Coordinate services in the case plan
- Act as a team leader

# The Judge

- Will ensure the law is followed
- Makes all the decisions about the case, including when there is a disagreement
- Talks to the lawyers
- Speaks directly to others in the court room
- Placements are able to address the Judge when called on
- Every time you come to court for a hearing, you should see the same Judge
- Parents should ask their lawyer about the rules if they wish to present something to the Judge

# Lawyer for DCS (Attorney General)

- Assistant Attorneys General (AAGs) are appointed to represent Department of Child Safet (DCS)
- Files the petition
- Provides legal advice to DCS specialist
- Represents DCS's position in court
- Reviews court orders with the DCS specialist
- Attends mediations and court hearings

# Lawyer for the Children

- Will meet with the children (or sends a representative) before each hearing and keeps the children informed of case progress
- Will explain the process
- Will listen to the children's wants and needs
- Ensures the children receive the services they need
- Will keep most of the conversations between the child(ren) and the lawyer private

**Most importantly, the lawyer must represent what the children want to the Judge (unless they are too young or unable to express their thoughts).**



# Lawyer for the Parent

- Offers legal advice
- Will give you an honest opinion about strengths and weaknesses of the case
- Will work to ensure your rights are protected
- Will keep most conversations private (between you and the lawyer)
- Explains the law and files paperwork with the court.
- Cannot communicate directly with your DCS specialist
- Relies on the parent to maintain communication and report their progress on the case



Questions? Ask your DCS Specialist or your lawyer.

# Foster Care Review Board (FCRB)

- A group of volunteers (review board) separate from the Court who meet and review your case
- Assists the Judge in making decisions about what would be best for the children
- Anyone who knows the children are invited to attend and talk about your case
- Writes a report, including updates and recommendations
- A Judge does not have to follow recommendations made by the Foster Care Review Board, but will take the recommendations seriously

**If you have any other questions about the Foster Care Review Board, you are welcome to call 520-388-4300.**



# Court Appointed Special Advocate (CASA)

- Is a screened and specially trained volunteer who is appointed by the Judge
- Forms a relationship with the children
- Talks to the parents, placement, family, teachers, and others who know the children
- Attends all meetings and hearings about the children (advocates)
- Can attend Parenting Time
- Writes a report and makes recommendations to the Judge about the best interests of the children
- Not all cases have a CASA

The Judge does not have to do what the CASA recommends, but the Judge will take any recommendations very seriously



**If you have any other questions about CASA, you are welcome to call 520-724-2060.**

Questions? Ask your DCS Specialist or your lawyer.

# RAISE Family Treatment Court (FTC)

Recover through Advocacy, Inspiration, Support and Empowerment

## If substance abuse is an issue...

- Participating in FTC will dramatically increase your chances for reunification.
- Parents must observe 1 full session of FTC.
- It is recommended that you join FTC within the first 4 months of the case.



## You'll get help in RAISE FTC that you may not be able to get anywhere else including:



- **Support** – your own Recovery Support Specialist will support you through your whole case, showing up for you and helping you stay on track.
- **Encouragement** – everyone will be on your side, pulling for you to succeed, and helping you to make it happen.
- **Accountability** – you come to court every week to start, reporting your progress in your case to the RAISE FTC Judge.
- **Advocacy** – the RAISE FTC staff know the dependency and behavioral health systems, and can advocate for you to get all the services you need for success.

If you have any questions about RAISE FTC, call 520-724-4754

for more information.

# What if I have a Concern?

## If you have a concern with your DCS Specialist follow these steps:

1. Always start by talking directly with your DCS specialist.
2. If you still have a concern, contact the DCS specialist's Unit Supervisor and talk with them.
3. If the concern is still not fixed, ask the supervisor to schedule a meeting so that everyone can get together to discuss the concern.
4. If you continue to have a concern, call the Program Manager who is in charge of the DCS specialist and the supervisor. Call the operator at your DCS specialist's office and ask for the Program Manager's name and extension.
5. If that fails, you can call the DCS Family Advocacy Office at 1-877-527-0765. Important: you have to try steps 1-4 before you call this office.
6. If steps 1-5 have not worked, the State of Arizona has an Ombudsman-Citizen's Aide available to assist you. The Ombudsman can be reached at 1-800-872-2879. **Important:** you have to try steps 1-5 first!

*Remember that if you have a lawyer, they can help you address concerns.*



Questions? Ask your DCS Specialist or your Lawyer

# What if I have a Concern?

## If you have a concern with your lawyer:

If you hired your own lawyer, talk to them to address the concern.

You can always dismiss him or her and hire a new one.

If you have a court-appointed lawyer, follow these steps:

1. Set an appointment with the lawyer to discuss the concern.
2. If you still have a concern after the meeting, send a written letter or email to the lawyer listing the specific concern. Make sure you keep a copy.
3. If the concern is still unresolved, you may ask your lawyer to withdraw from your case. You may want to do this in writing as well as them and/or the Judge.
4. The Judge will decide if your lawyer can withdraw and if a new lawyer will be appointed.



## IMPORTANT CASE INFORMATION

CASE NUMBER: JD\_\_\_\_\_ JUDGE \_\_\_\_\_

### MY LAWYER

NAME: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

EMAIL: \_\_\_\_\_

### MY DCS SPECIALIST

NAME: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

EMAIL: \_\_\_\_\_

### MY RECOVERY COACH

NAME: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

EMAIL: \_\_\_\_\_

### MY RECOVERY SUPPORT SPECIALIST

NAME: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

EMAIL: \_\_\_\_\_